



/s/ Curriculum

Lesson Objectives

- Reinforcing the Talk Yoga Routine
- Articulation: /s/ in initial, medial and final positions and /s/-blends
- Expressive/Receptive: Following/recalling a sequence; pronoun, to be + ing
- Social/Emotional: Feeling words/vocabulary

Lesson Structure

- **News, Welcome, and Calling in the Bell**
 - Targets: Mindfulness and self-regulation
- **Tune-in**
 - Targets: Gross motor/yoga, breathing, following directions, vocabulary
 - Tune-in (choose one from the Tune-ins)
- **Breathing**
 - Targets: Self-regulation, focus, calming, breath support
 - Language levels: Boosting and Enriching
 - Snake Breath
- **Articulation/Language Flow**
 - **Targets:**
 - /s/ Story: The **horse** sat on the silver **swing** outside where he ate his messy **ice cream** and the **mouse** ate some cheese while she listened to the **seal** sing a silly song in his best singing voice.
 - Horse
 - Swing
 - Ice Cream
 - Mouse
 - Seal
 - (Rest on belly)
- **S-blend Articulation Sound Poses**
 - Establishing Level: First demonstrate how to put blends together: sl, st, sp, sk as articulation poses.
- **S-blend Articulation Sounds/Language Flow**
 - Boosting/Enriching Level

- **Game Options**

- Targets: Gross motor/yoga, self-control , review of poses
 - Option 1: Skating Pose
 - 1st pretend to get ready for skating emphasizing the /s/ sounds in Skating, hatS, gloveS, LaCE up my SKateS, etc.)
 - Play music and pretend to skate around the room.
 - Stop music. Ask children to make a pose they learned today.
 - Play music and pretend to skate. Stop music. Make poses.
 - Option 2: Simon Says Pose (emphasizing the /s/ in Simon Says)

- **Savasana**

- Targets: Breathing/rest/calming, self-regulation, mindfulness, following directions
 - Guided Imagery Option 1: Let's pretend that we are sitting on a super swing! I swing and swing and swing. I swing up, and then swing down. Breath in. Breath out. Swing up, breath in.....swing down, breathe out. What do you see on your swing? Do you see some special sights? Do you see Spring blossoms? What colors do you see? Do you see some grass? Some silky, smooth grass?Do you see some special animals? Do you see small rabbits? Do you see sneaky squirrels? Do you see singing birds? Breathe in. Breathe out. Swing up, breathe in...swing down, breathe out. Slow your swing. Slow, slow, slow.

- **Closing/Namaste**

- Targets: Social-emotional regulation, mindfulness, identification and expression of feelings, social language skills
 - Check-in
 - Mantra: "I am happy"
 - Namaste

I'm a Silly Seal
(tune of Wheels on the Bus)

I'm a silly seal.
S, s, s. S, s, s . S, s, s.
I'm a silly seal.
S, s, s. S, s, . S, s, s.
Hear my sound.

My tongue stays in my mouth,
My air goes out.
Ncce and slow.
Nice and slow.

My tongue stays in my mouth,
My air goes out.
S.....S.....S

SAMPLE SUPPLEMENTAL /S/ WORKSHEETS

All worksheets can be incorporated into your movement sessions. Ideas are indicated to keep you and your Yogi moving while addressing their level of discrimination or production.

- Guided Imagery for Auditory Bombardment
- Auditory Discrimination
- Production in Syllables and Words
- Production in Phrases or Sentences
- Carry-over

GUIDED VISUAL IMAGERY FOR AUDITORY

BOMBARDMENT

Auditory bombardment is a wonderful way to expose your yogi to the target sound. Allow your yogi to lie on their backs, on a yoga mat, or just on the floor. If they are comfortable, allow them to close their eyes and listen to your story. Encourage them to see the story in their mind as they listen. Remind them to notice the newly learned rainbow sound as they listen. Select one of the guided imagery stories below:

Swinging

Let's pretend that we are sitting on a super swing! I swing and swing and swing. I swing up, and then swing down. Breath in. Breath out. Swing up, breath in....swing down, breathe out. What do you see on your swing? Do you see some special sights? Do you see Spring blossoms? What colors do you see? Do you see some grass? Some silky, smooth grass? Do you see some special animals? Do you see small rabbits? Do you see sneaky squirrels? Do you see singing birds? Breathe in. Breathe out. Swing up, breathe in...swing down, breathe out. Slow your swing. Slow, slow, slow.

AUDITORY DISCRIMINATION

Using Your Talk Yoga Articulation Pose Cards or Talk Yoga Coloring Pages, place the Seal pose card in front of your yogi along with the Bubble pose card, Mouse pose card, and Newt pose card.

We want to select sounds that are very different from the /r/ and also sounds that are likely to be a part of the child's repertoire.

If you do not have the pose cards or coloring pages, feel free to use this page for visual cues.

Have the child listen to your productions, first the sound in isolation, then syllables, and finally words. The child will listen and make the pose that represents the sound they hear. Use the table below for an idea of how to present the sounds and words. This table can also be utilized for collecting data. s, b, m, n

Sound	+/-	Syllable	+/-	Initial Word	+/-
s		see		nip	
m		bee		sip	

Sound	+/-	Syllable	+/-	Medial Word	+/-
b		eese		tomato	
m		eebee		castle	

Sound	+/-	Syllable	+/-	Final Word	+/-
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b		eeree		ice	
m		eebee		cab	

PRODUCTION IN SYLLABLES AND WORDS

Talk Yoga makes the drill work of articulation therapy more fun! You can utilize the following activities while addressing the target sound in isolation, syllables, words, phrases, and sentences. Using the lists and activity ideas you will get multiple productions from your yogis while they practice their target sound.

Syllables	Initial Word	Medial Word	Final Word
see	sit	baseball	bus
say	soup	pencil	face

PRODUCTION IN PHRASES OR SENTENCES

Use the following lists to address the target words as you move from phrases to sentences. The activities described in the Production in Syllables and Words section can be used here as well.

Initial /s/

1. Silly Seal.
2. Silly seal singing.
3. I see a silly seal singing.
4. I see a silly seal singing to the sky.

Medial /s/

1. Silly seal.
2. Silly seal dancing.
3. Silly seal dancing gracefully.
4. Silly seal dancing gracefully on a blossom.

Final /s/

1. Silly seal.
2. Silly seal says.
3. Silly seal says yes.
4. Silly seal says yes while she plays chess.